



## THE RULES OF SAUNA HEATING WORLD CHAMPIONSHIPS

### 1§ THE FORMAT

Teams of three or four ( 3-4 ) members will compete in the Sauna Heating World Championships competition. After qualifying rounds, four (4) fastest teams will compete in the final. Competition starts at 10:00 am and the final starts at 16:00 pm. Places at the championships are allocated on a first come first served basis and are limited to a maximum of 40.

Also, two teams will be awarded a special prize in the competition. One for a team that manage to promote best the Finnish Sauna culture and another for a team that has most humorist costumes.

### 2§ THE TOOLS & INSTRUMENTS

Teams will use only instruments / tools given by the organizer to heat up the tent saunas. The teams will heat up Savotta Oy's tent sauna. In the tent sauna, there's a sauna stove and 30 kg of stove stones, supplied by our partner. The organizer of the competition will provide all the necessities for the competition. Teams will be provided firewood, matches, chopping tool and a knife. It is not allowed to use any other ignition tools.

### 3§ THE COMPETITION TASKS

In qualifying round, teams will heat up the tent saunas to 50-60 degrees higher temperature (exact temperature will be announced before the competition) with the tools given to the team. Teams will get firewood to start with and will be given more when asked. Judges will supervise the heating all times, especially keeping the stove's hatch closed. The hatch is allowed to be open only when adding more firewood. The hatch can be open maximum of 10 seconds, when adding firewood.

In the finals, the teams will set up the Savotta's tent sauna around the sauna stove. After the judges has approved that the tent sauna is set up correctly, the team will heat up the tent sauna with the tools given.



The team, whose sauna is heated up to 50-60 degrees higher temperature (exact temperature will be announced before the competition) first, will win the competition.

All the tent saunas will have similar automatic thermometers 1.20 meters above ground level in the place determined by the organizer. You are not allowed to touch or influence the thermometers or the sensors at any point. The official supervisor of the Sauna Heating World Championships Finland oversees the measurement equipment, and he/she will approve the equipment before the competition.

#### 4§

#### JUDGES

Central Finland Chamber of Commerce's Tourism Board chooses three judges to the competition.

Teams are not allowed to make an appeal from the judge's decisions, not even to the Olympic committee.